



INDIA'S PREMIER  
**HEALTH CARE  
CHARITY**

**20 YEARS**  
OF COMPASSIONATE  
CARE

**1 MILLION+ LIVES IMPACTED**

**₹ 100 CRORES** OF FINANCIAL SAVINGS

# **ANNUAL PERFORMANCE REPORT 2025**

**Making Urban Health Care Equitable, Accessible  
& Affordable**

## TRUSTEES



**Mujtaba Askari**  
Founder Trustee



**Murali Ramisetty**  
Trustee



**Khurram Askari**  
Trustee



**M. Mujahid Farooqui**  
Trustee



**Faheem Sherza Ali**  
Trustee

## KEY STAFF



**Imran Mohammed**  
Chief Manager



**Mohd Mujtaba  
Hussain**  
MIS Manager



**Mohammed  
Abdul Lateef**  
Senior Accountant



**Mohammed  
Shahbaz**  
Accountant



**Mohammed  
Wajid Mehdi**  
Supervisor



**Jaison Deborea**  
Project Manager



**Ameena Fathima**  
Executive Coordinator  
Medical Relief



**Dr. Chithra Babu**  
Project Manager



**Dr. Kartika Suresh**  
Project Manager



400+ Staff & Volunteers

**MEET THE MEDICAL TEAM DRIVING  
HHF'S HEALTHCARE MISSION**



## TECHNICAL & MEDICAL EXPERTS



**DR. SRINIVAS MUMMADI**

MBBS | MD | DM  
(PULMONARY & CRITICAL CARE)  
TELEMEDICAL INTENSIVIST  
CLEVELAND CLINIC FOUNDATION



**DR. ANJANA SURATH**

MBBS | DCH  
PALLIATIVE CARE CONSULTANT



**DR. NEHA FARUQUI**

B.CHEMENG | MPH | PHD  
ASSOCIATE LECTURER & RESEARCHER,  
SYDNEY SCHOOL OF PUBLIC HEALTH,  
UNIVERSITY OF SYDNEY

## COMMUNITY HEALTH EXPERTS



**DR. CHITHRA BABU**  
MATERNAL & CHILD HEALTH  
SPECIALIST



**POORVIKA**  
BIostatistician



**SouMYA CHILUKA**  
CHILD PSYCHOLOGIST



**DR. KARTHIKA SURESH**  
COMMUNITY HEALTH &  
EPIDEMIOLOGIST



**GUNDU RACHANA**  
FOOD HYGIENIST



**SHWETA SHINDE**  
FOOD HYGIENIST

## OVERVIEW

**Helping Hand Foundation**, is today's India's premier health care non-profit Delivering a wide array of community health interventions in highly vulnerable urban and peri-urban settlements of Hyderabad.

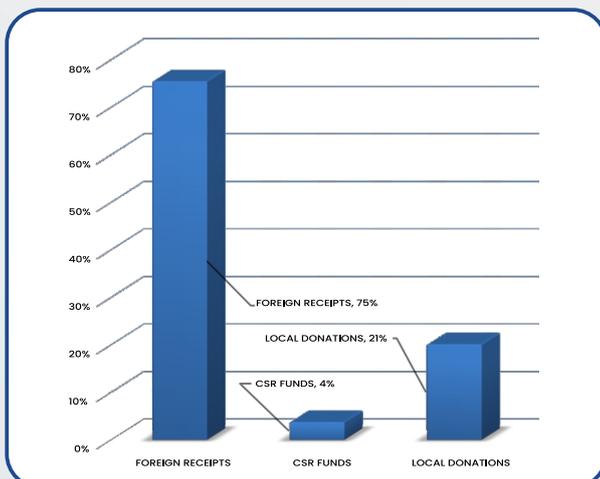
From Government Hospital patient support systems to one the largest primary health program and other institutional care services like rehabilitation care, dialysis unit & a dedicated Helpline that connects the common man to affordable health care.

Thanks to our donors, HHF, has been impacting life's at a scale no other Non-profit has done in the recent past. With a clear blue print to reduce health inequities & with a dedicated work force of **400 +** doctors, nurses, public health experts, researchers and experienced health administrators we are poised to reach greater heights.

Your support at this crucial juncture will be pivotal and we wholeheartedly request you to find time to read our **Annual Performance Report 2026** & share your feedback.

## GROSS RECEIPTS / DONATIONS

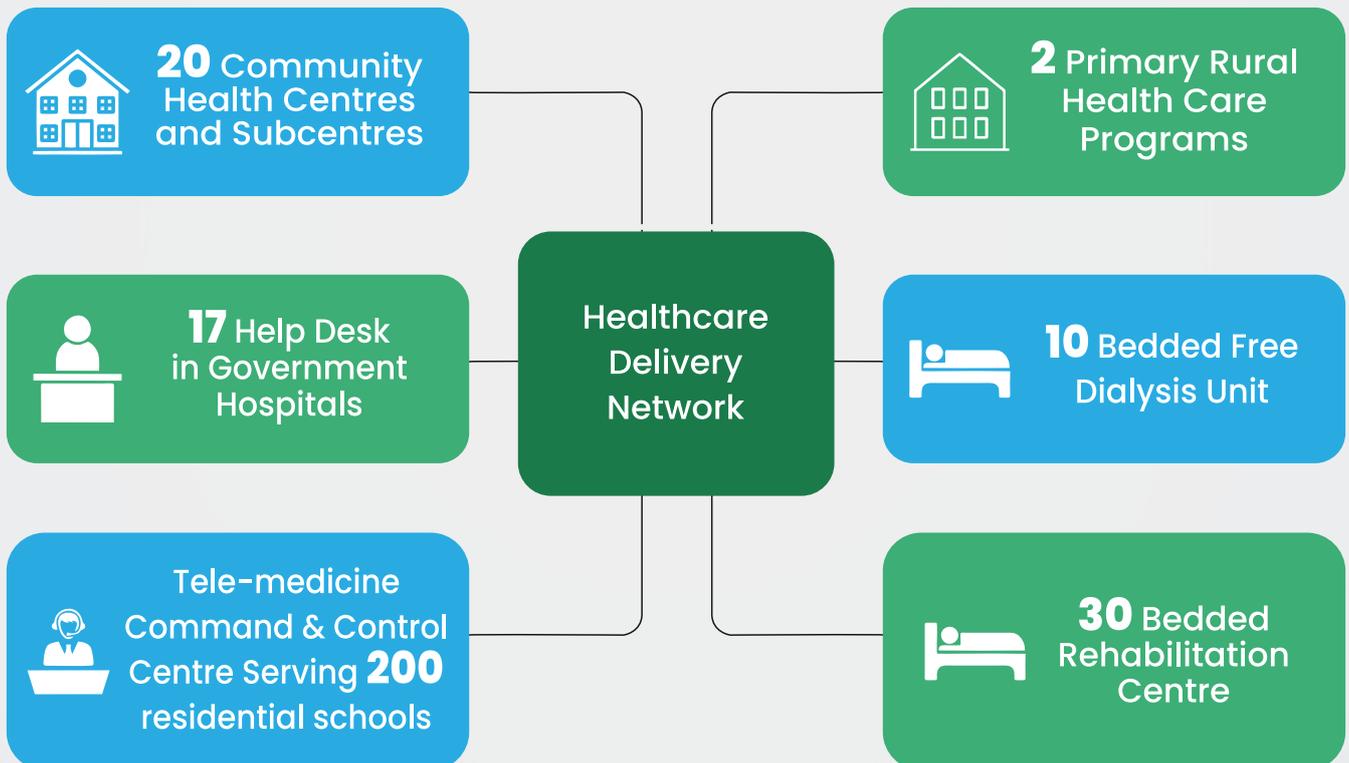
### SOURCE OF FUNDING FROM FOREIGN CHARITY



TYPE OF RECEIPTS	PERCENTAGE	AMOUNT 2024-25
FOREIGN RECEIPTS	75%	<b>18,23,91,212.00</b>
CSR FUNDS	4%	<b>90,87,893.00</b>
LOCAL DONATIONS	21%	<b>5,01,74,154.00</b>
<b>GRAND TOTAL</b>		<b>24,16,53,259.00</b>

**2025 AT A GLANCE**  
**DELIVERING IMPACT AT SCALE**

**₹103.66 Crore**  
Out of pocket Expenditure (OOPE)  
averted for the community.



**10.83 Lacs**  
urban and peri-urban poor  
accessed free healthcare services.

## ROUND THE YEAR HELPLINE



### **PUBLIC HEALTH SUPPORT DESK**

Since its inception in 2007, HHF has operated a dedicated public grievance and patient support desk, welcoming individuals seeking healthcare assistance. Located at the foundation's head office, in 2025 receives **30–50 patients** daily, approached the **helpline** and were connected to various hospitals for treatment

Patients are linked to government hospitals or partner private institutions, and in critical cases, emergency financial support is provided. Beyond referrals, the team ensures continuous follow-up and close monitoring until treatment completion, offering guidance and hand holding at every stage.

## FINANCIAL SUPPORT FOR MEDICAL EMERGENCIES



In 2025, HHF provided immediate financial assistance to patients facing life-threatening medical emergencies, supported **2,140** individuals and extending **₹3.41 crores** in life-saving medical aid to ensure timely treatment and protect vulnerable families from financial distress.

## PAEDIATRIC CARDIAC SURGERIES



**Surgeries Sponsored: 25 | Amount Spend: ₹87.50 Lacs**

## PAEDIATRIC CANCER SUPPORT



**Patients Served: 126 | Amount Spend: ₹1.10 Crores**

## HELP DESK IN GOVERNMENT HOSPITALS



**17 Govt. Hospitals | 100+ Team Members | 24x7 at OGH | ₹44.96 Crores Saved for Patients**

## IMPACT BY THE HELP DESKS



HHF Helpdesks function as a critical non-clinical lifeline inside government hospitals, assisting nearly **5 lakh** patients and saving over **₹44 Crores** in treatment costs in 2025.

## ZERO COST TREATMENTS FACILITATED



### 2,530 Critical Interventions

- |   |   |
|---|---|
|  Hip & Knee Replacements - <b>14</b>   |  Coronary Angiograms - <b>68</b>         |
|  Liver Transplants - <b>2</b>        |  PTCA (Cardiac Procedures) - <b>44</b> |
|  Renal Transplant - <b>8</b>         |  General Surgeries - <b>102</b>        |
|  Bone Marrow Transplants - <b>3</b>  |  Neurosurgery <b>36</b>                |
|  RTA & Trauma Surgeries - <b>147</b> |  Burn Cases - <b>48</b>                |
|  Cancer, TB & HIV - <b>1123</b>      |  Medical Management - <b>935</b>       |

## ZERO COST BONE MARROW TRANSPLANTS



- **3 Bone Marrow Transplants Supported**
- **₹5 Lacs** spent for High-End Labs, Equipment facilitated & blood transfusions
- **₹75 Lacs** Saved in Out-of-Pocket Expenses for Patients

## HHF PRIMARY HEALTH PROGRAM

One of the largest Primary Health Program in Hyderabad outside the Govt.



HHF, along with its partner charities, delivers community-centric comprehensive primary healthcare across **150+** highly vulnerable urban and peri-urban slums in Hyderabad, reaching a population of over **10 lakh** people.

In 2025, HHF served **5.88 lakh** patients nearly **35%** of the city's urban poor. Through its universal primary healthcare model, promotive, preventive, curative and palliative care. HHF saved **₹49.17 crores** in out-of-pocket expenses, while spending **₹4.66 crores**, significantly reducing disease burden and protecting families from health-related financial shocks.

We gratefully acknowledge the support of **SEED-USA, AMPI-USA, LEAN Foundation-USA, Child Aid International-Canada and Wipro Cares**, whose partnership made this impact possible.

## 20 BEDDED FREE INPATIENT WARD (24X7) FOR TROPICAL & INFECTIOUS DISEASES



1,652 inpatients treated for infectious, water-borne, and air-borne diseases, resulting in approximately ₹2.47 crore saved in out-of-pocket healthcare expenses.

## 20 BEDDED FREE DAY CARE



Day Care Centre served 9,491 patients in 2025, resulting in ₹47.45 lacs saved in out-of-pocket healthcare expenses.

Supported by

## IMPACT AT GLANCE

### Type of Services

### Patients Served

### Saved for Patients

	Outpatients	5,02,079	40.16 Crores
	Inpatients	1,652	2.47 Crores
	Daycare	9,491	47.45 Lacs
	Minor Surgeries	7,200	1.44 Crores
	Dental	14,736	1.47 Crores
	Ophthal	14,283	71.41 Lacs
	Eye Cataract Surgeries	95	14.25 Lacs
	Obstetrics And Gynaecology	14,065	1.12 Crores
	Non-Communicable Diseases	8,058	64.46 Lacs
	Physiotherapy (Sessions)	8,400	42.00 Lacs
	X-Ray's	4,104	12.31 Lacs
	Casualty Services	960	-
	Lactation Management Center	1,526	-
	Referrals to Tertiary Hospitals	1,465	-
	Dementia (Screened)	76	-
<b>Grand Total</b>		<b>5,88,190</b>	<b>49.17 Crores</b>

### Supported by



## HHF RURAL PRIMARY HEALTH CARE



In partnership with **Wipro Cares** and **Syngene Biocon Foundation**, HHF delivers a community-centric comprehensive primary healthcare program across **15 rural villages**, served over **22.3K patients**.

Through household health surveys and bi-weekly village clinics, the program provides promotive, preventive, and curative care at the doorstep. It has significantly improved access to timely and affordable treatment, particularly for chronic conditions such as Diabetes, Hypertension, and Cardiac diseases, reducing complications and financial burden for rural families.

Supported by

 **wipro** cares

**Syngene CSR**  
Enabled by Biocon Foundation

## AI-ENABLED BREAST CANCER SCREENING



**FIRST AI-BASED BREAST CANCER SCREENING IN FOUR VILLAGES,  
ENABLING QUICK AND ACCURATE EARLY DETECTION FOR RURAL WOMEN.**

## AI-ENABLED ECG SCREENING



**AI-ENABLED ECG SCREENING THAT GIVES INSTANT HEART RISK  
ANALYSIS AND SUPPORTS TIMELY CARE.**

Supported by

**Syngene CSR**

Enabled by Biocon Foundation

## SOCIAL SUPPORT FOR GIG WORKERS AND DWs



With low Insurance coverage in the community as Ayushman Bharat and Aarogyasri are only understood by only a third of families (**32.9%**), while nearly half (**48%**) have no information at all resulting in poor coverage. HHF has set up a social support program for Daily Wagers (DW) workers, Gig workers, cab drivers, mobile delivery workers who are victims of sudden trauma, road accidents and fatal diseases. Their meagre incomes are pivotal to the family's survival. In the event of any adverse health event life comes to a grinding halt and compromises all social needs. To help them cope with such shocks, HHF has initiated a **Relief & Rehabilitation Program** and has over **350 individuals** enrolled. Each family gets **₹5,000 to ₹10,000** per on the for a decent period.

**Families: 390 | Amount Spend: ₹1.56 Crores**

## REHABILITATION OF ORPHANS



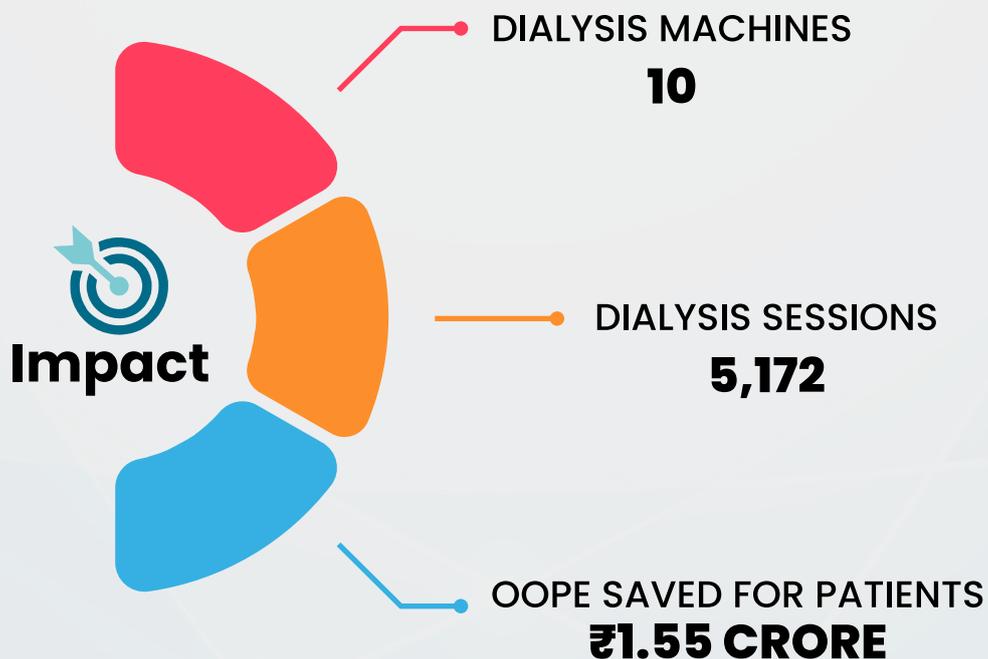
In 2025, HHF supported **150 orphan children**, with a total expenditure of **₹12 lacs** toward their educational and welfare needs.

## FREE PHYSIOTHERAPY FOR GIG WORKERS & DAILY WAGERS



HHF's Community Outreach Program delivers free doorstep Psychotherapy and Physiotherapy to immobile and bedridden patients, completing **1,500 physiotherapy sessions** so far. Our Mental Health Counsellors have also conducted **60 counselling sessions**, supporting individuals battling depression, including cases with suicidal tendencies.

## HHF-SEED FREE DIALYSIS CENTRE



**REHABILITATION & GERIATRIC CARE  
(NOT FOR PROFIT)**



**FACILITY CAPACITY  
30 BEDS**

**PATIENTS TREATED  
228**



**OUT-OF-POCKET EXPENSES  
SAVED FOR PATIENTS  
₹1.14 CRORES**



## AMBULANCE & FUNERAL SERVICES



**EMERGENCY  
AMBULANCE  
RESPONSES  
2,940**

**LAST RITES  
PERFORMED FOR  
UNCLAIMED  
BODIES  
18**

**OUT-OF-POCKET  
EXPENSES  
SAVED  
₹44.10 LACS**



## NEW INITIATIVES

01

**HEALTH MONITORING COMMAND & CONTROL CENTRE FOR TELANGANA  
MINORITIES RESIDENTIAL EDUCATIONAL INSTITUTIONS SOCIETY (TGMREIS)**

02

**ROUND THE CLOCK SERVICES AT OSMANIA GENERAL HOSPITAL**

03

**BASTI SUGAR & BP CLINICS (SUB CENTRES)**

04

**HELP DESK EXPANSION IN WARANGAL & KHAMMAM GOVT. HOSPITALS**

05

**STRENGTHENING GOVERNMENT HOSPITALS THROUGH CSR PARTNERSHIPS  
WITH INDIAN OIL LTD & EFFICIENTLY GLOBAL SOLUTIONS**

06

**19<sup>th</sup> STAKEHOLDERS ANNUAL GENERAL MEETING 2025**

07

**30 BEDDED REHABILITATION CENTRE IN COLLABORATION WITH  
SIVANANDA REHABILITATION HOME**

08

**OSMANIA GENERAL HOSPITALS UROLOGY OUT  
PATIENT DEPARTMENT UPGRADED**

09

**HHF COLLABORATION WITH IIPH (INDIAN INSTITUTE OF PUBLIC HEALTH)**

10

**COMMUNITY OUTREACH PROGRAM WITH AZIM PREMJI FOUNDATION**

## HEALTH MONITORING COMMAND & CONTROL CENTRE FOR GOVT. RESIDENTIAL SCHOOLS



**205 Schools & Colleges**



**6 Doctors**



**8 Tele Counsellors**



**3 Psychologist (Mental Health)**



**2 Food Hygienists**



**24/7 Monitoring**



**1 Lacs Students Coverage**



**Treatment Facilitation at  
Govt. Hospitals**



**Round the Clock Ambulance  
Support Available**

## ROUND THE CLOCK SERVICES AT OSMANIA GENERAL HOSPITAL



Osmania General Hospital (OGH), Telangana's largest and oldest tertiary care hospital, will now provide **24/7\*365** patient assistance services through a dedicated Help Desk and Helpline.

This initiative is supported by Basheer & Sarwar Babu Khan Human Development Trust (BSB HDT).

Supported by



## BASTI LEVEL BP & SUGAR CLINICS BASED ON TN MODEL



HHF has set up **Basti level BP & Sugar clinics** based on a Tamil Nadu based Community health care intervention in multiple Urban settlements to take NCD care to the doorstep of Urban Poor. Trained health workers conduct door to door enumeration linking NCD patients to the BP Sugar Clinics, where doctors are providing consultation, medicine, testing, dietician is counselling on diet and lifestyle, and each case is being followed up closely. So far over **2500 patients** have enrolled in this program.

## FIRST TO INSTALL A FREE X-RAY AT PRIMARY CARE LEVEL



Supported by

## MGM HOSPITAL WARANGAL FIRST TO GET PATIENT SUPPORT SERVICES IN TIER 2 CITY OF TELANGANA



HHF has established Hospital Help Desk services at Mahatma Gandhi Memorial Hospital, Warangal, strengthening access to tertiary care for patients from surrounding rural and tribal areas. The initiative enhances patient navigation, improves coordination within departments, and creates structured referral pathways to other government hospitals where HHF operates.

## HHF SETS UP PATIENT SUPPORT SERVICES AT GOVT. GENERAL HOSPITAL, KHAMMAM



HHF has deployed 10 dedicated community volunteers at Government General Hospital, Khammam to assist patients across OPD, Emergency, and Maternal & Child Care services. HHF supports mobility assistance, ABHA ID registration, and electronic queue management. A new electronic token system in the Maternal & Child Hospital has improved patient flow and reduced waiting stress.

## CSR PROJECTS

### HHF CSR PARTNERSHIP WITH INDIAN OIL CORPORATION LTD TO STRENGTHEN GOVT. ENT HOSPITAL



HHF is pleased to share that it has successfully collaborated and facilitated the donation of **state-of-the-art medical equipment worth over ₹50 lacs** to the Government ENT Hospital, Koti, by **Indian Oil Corporation Limited (IOCL)** under its CSR initiative.

### HELPING HAND FOUNDATION HAS SET UP A FREE RESPIRATORY EQUIPMENT BANK



With CSR support from **Efficiently Global Solutions – Productivity Partner**, HHF has set up a Respiratory Equipment Bank with **14 Oxygen Concentrators, 4 BiPAP, and 2 CPAP machines**, provided free to poor patients with chronic respiratory conditions.

## EVENTS

### 19<sup>th</sup> HHF STAKEHOLDERS MEETING DECEMBER 2025



HHF's 19<sup>th</sup> Stakeholders Meeting convened a distinguished gathering of donors, grant partners, eminent doctors, thought leaders, academicians, civil servants, and community-based organizations to deliberate on Upstream, Midstream, and Downstream Barriers to Non-Communicable Diseases (NCDs).

The meeting was enriched by leading medical experts and senior administrators, whose insights strengthened collaborative strategies to address the growing disease burden.

## EVENTS

### SIVANANDA LAUNCHES CITY'S FIRST FREE REHAB CARE FACILITY



In response to the rising burden of chronic diseases particularly stroke, trauma, and long-term neurological conditions—Sivananda has launched the city's first free **20-bedded Physiotherapy & Rehabilitation Centre**, with HHF as the operations partner. Poor patients from government hospitals will be given priority.

The facility offers advanced physiotherapy equipment, separate male and female wards, central oxygen, patient monitors, and a dedicated team of doctors, nurses, and physiotherapists—making post-discharge rehabilitation equitable and accessible.

The centre was inaugurated in memory of **Late Pramila Jagan Mohan Reddy** by the trustees and family of SRH.

## EVENTS

### OSMANIA GENERAL HOSPITALS UROLOGY OUT PATIENT DEPARTMENT UPGRADED



HHF is a proud to partner with the OGH Urology Unit in Upgrading the OPD facility in collaboration with OGH (TSMCID). At an average, **200 patients** come to this unit, and they will now have better, and easier access to the dept. The Upgraded facility was inaugurated by Dr. M. Raja Rao, Principal OMC, in the presence of Dr. Rakesh Sahay, Superintendent OGH, Dr. Malikarjun HOD Urology, Dr. Madusudhan HOD Surgical Gastrentology & other senior doctors and RMOs of OGH

### HHF-NIMS SIGN MOU TO ENHANCE PATIENT SUPPORT SERVICES



NIMS, the state's largest multi-specialty hospital, has signed an MoU with HHF to strengthen patient support services. HHF will operate six Help Desks across key hospital blocks, supporting a facility that handles **3,000–4,000 OPD visits** daily, **75–100 emergencies**, and **1,639 inpatient beds**.

## EVENTS

### INTEGRATED HEALTH MONITORING COMMAND & CONTROL CENTER FOR TGMREIS IN COLLABORATION WITH HHF



TGMREIS, with HHF as its resource partner, has launched an Integrated Health Monitoring Command & Control Centre to support healthcare delivery across **200+ schools** in **33 districts**. The centre was inaugurated by **Shri Faheem Qureshi, President, TGMREIS**, and **B. Shafiullah, IFS, Secretary, TGMREIS** on 15<sup>th</sup> Aug 2025

### HHF PARTNERS WITH INDIAN INSTITUTE OF PUBLIC HEALTH (IIPH) FOR RESEARCH & CAPACITY BUILDING



HHF in collaboration with the prestigious IIPH (Indian Institute of public health) conducted survey and research to understand Health seeking behaviour, barriers and challenges in delivering NCD Care in Urban Settlements. This is one of its kind study so far. Under the MoU, we have also leverage domain expertise of IIPH in capacity building of our resources in mental health, primary health care and geriatric care.

## EVENTS

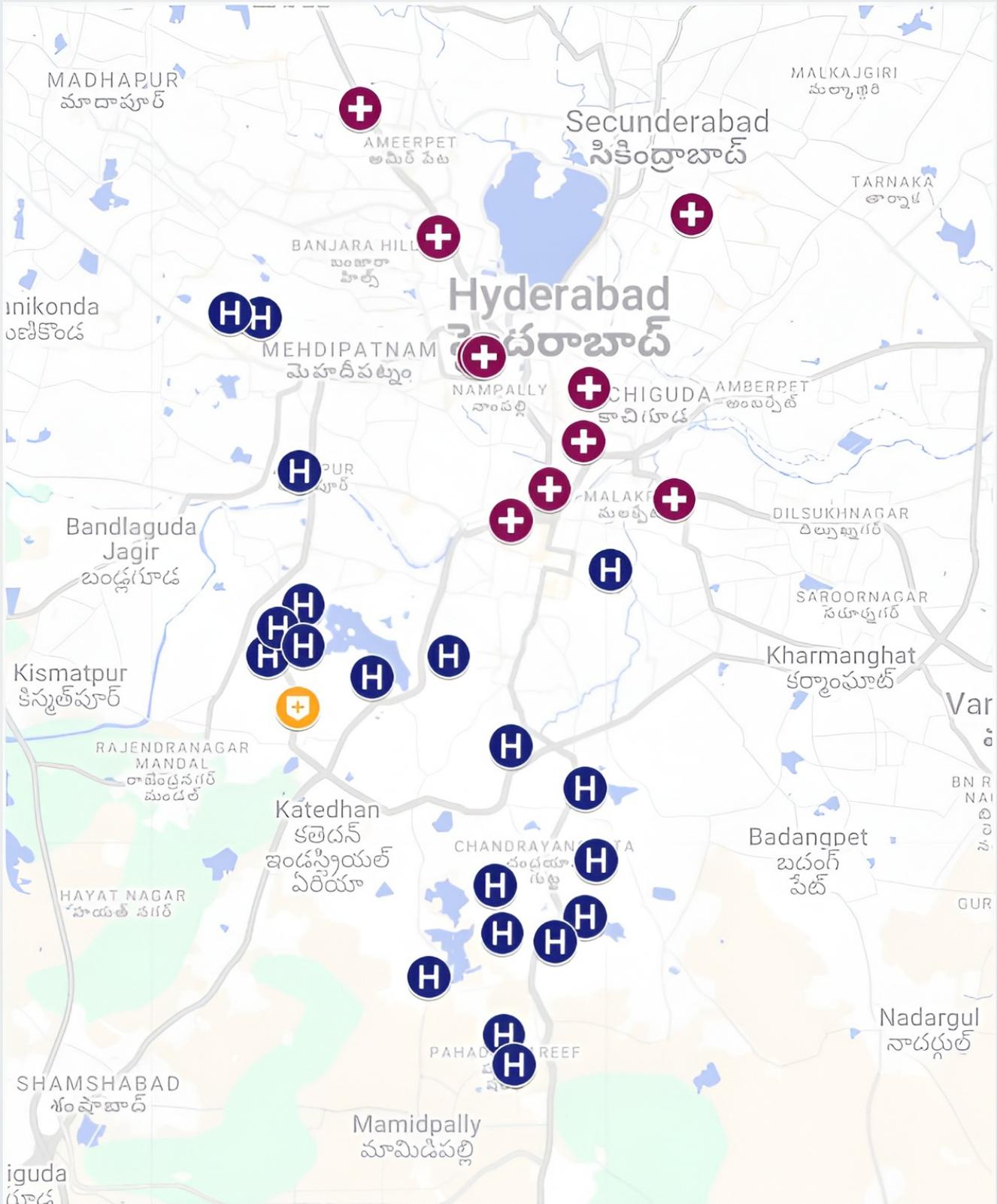
### Indian Oil Corporation & Helping Hand Foundation Collaborate to Strengthen Govt. ENT Hospital, Koti



IOCL and HHF donated **₹50 lacs** worth of advanced ENT equipment to Government ENT Hospital, Koti, strengthening specialized public healthcare services.

The MoA was signed in the presence of senior officials from IOCL, the hospital, and HHF.

**OPERATIONAL & GEOGRAPHICAL FOOTPRINT**



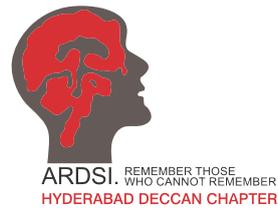
**OUR GRANTERS**



**OUR PARTNERS**



A GuideStarIndia certified NGO



**#6-9-14/3/6/200/A, Opp Pillar No. 270, PVNR Expressway,  
Adarsh Nagar Colony, Shivrampally,  
Rajendrenagar, Telangana - 500 052**

<b>Helpline No's</b>	7386494043   8790679505 8121601990   7893191193
<b>WhatsApp No's</b>	9704764906
<b>Rehabilitation Center</b>	7702005827
<b>Old Age Home</b>	8688827566
<b>Dialysis Center</b>	9281016360
<b>Diagnostics &amp; Labs</b>	7093961546
<b>Ambulance</b>	8977898706
<b>Help Desk (Govt. Hospitals)</b>	7780288622   8309348682

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 [linkedin.com/in/helping-hand-foundation](https://linkedin.com/in/helping-hand-foundation)

## FINANCIAL GOVERNANCE & STATUTORY COMPLIANCE

Helping Hand Foundation operates with the highest standards of financial transparency, statutory compliance, and accountability. Helping Hand Foundation is a registered Trust (**Reg. No. 236/2007**).

Permanent Account Number (**PAN**): **AAATH8592E**

Registered U/S **12AA** of the Indian Income Tax Act, 1961.

Donations are exempted U/S **80G** (5)(2)(iv) of the Indian Income Tax Act, 1961.

Registered FCRA Organization.

CSR Registered NGO.

Statutory Auditor  
**Anam & Associates**  
Internal Auditor  
**Alok Agarwal & Co**



**HELPING HAND  
FOUNDATION**  
A HAND OF HELP FOR ALL