HELPING HAND FOUNDATION
A HAND OF HELP FOR ALL

QUARTERLY PERFORMANCE REPORT

PUBLIC HEALTH SERVICES

APRIL – JUNE 2026

₹68.95 Cr
OOPE Saved

8.23 Lakh
Patients Served

- HELPDESK AT GOVT. HOSPITALS
- COMMUNITY HEALTH CENTRES
- DIALYSIS CARE
- REHABILITATION CARE

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FREE PUBLIC HEALTH SERVICES

- **15** Comprehensive Community Health Centres
- **3** Community Health Sub-centres
- **2** Basti BP & Sugar Clinics
- **22** Helpdesk Services Government Hospitals
- **10** Bedded Free Dialysis Centre
- **30** Bedded Rehabilitation & Geriatric Care
- **40** Bedded Free Old Age Home
- Telemedical Services for Residential Schools
- Community Health Outreach Program (APF)
- Ambulance Services
- Final Rites for Unknown Dead Bodies

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NEW INITIATIVES

LAUNCH OF LARGE COMMUNITY HEALTH OUTREACH PROGRAM





Launch of a large Community Health Outreach Program in collaboration with Azim Premji Foundation Serving vulnerable communities in Hyderabad's urban settlements. Strengthening access to quality primary healthcare

Impact: Expanding equitable healthcare access and improving health outcomes for underserved urban communities.

26 CHWs | **10,000** Households | Digital Health App

LAUNCH OF TGMREIS CARES HEALTH APP



Launch of the **TGMREIS CARES Mobile Application** on 28 April 2025, 24×7 Digital Health Monitoring for TGMREIS Students. Digital Health Records & Real-Time Emergency Alerts. Mental Health & Menstrual Health Assessment Modules.

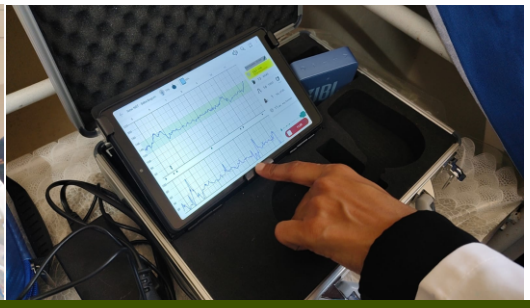
Impact: The TGMREIS CARES Mobile Application has strengthened preventive healthcare, emergency response and student well-being across all TGMREIS residential institutions.

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NEW INITIATIVES

LAUNCH OF ANANDI-MAA KIT





Launch of Comprehensive Maternal Health Services. 110 Antenatal (ANC) Registrations, 61 High-Risk Pregnancies Identified & Closely Monitored. 100% Institutional Deliveries & Live Births

Impact: Strengthening maternal and newborn health through early ANC registration, high-risk pregnancy monitoring and ensuring safe institutional deliveries.

EXPLORING RESEARCH COLLABORATION WITH AIG HOSPITALS



Had the privilege of meeting **Dr. D. Nageshwar Reddy**, Chairman, **AIG Hospitals**, along with **Dr. Shantanu** and **Dr. Nanderkar** from the **Barry Marshall Institute for H. pylori Research**. We toured their state-of-the-art research facility and discussed a potential collaboration for community-based H. pylori screening to assess prevalence and enable early detection in Hyderabad.

HONOURED TO JOIN THE ADVISORY BOARD OF IIT HYDERABAD'S CFHE



Mujtaba Hasan Askari, Founder & Trustee, was appointed to the Advisory Board of the Centre for Health Enterprises (CFHE), IIT Hyderabad's health innovation hub. During his visit, he explored the institute's world-class research and innovation ecosystem. In his advisory role, he will support community engagement and foster collaborations with government and CSR partners to advance healthcare innovations for underserved communities.

EVENTS

ROTARY VOCATIONAL EXCELLENCE AWARD



Helping Hand Foundation is proud to share that **Mujtaba Hasan Askari**, Founder & Trustee, was honoured with the **Rotary Vocational Excellence Award** by the Rotary Club of Jubilee Hills in recognition of his outstanding contributions towards making healthcare accessible and affordable for the urban poor.

STAKEHOLDER CONSULTATION ON CRITICAL CARE



Mujtaba Hasan Askari, Founder & Trustee, was invited by the Government of Telangana as a stakeholder to provide recommendations for framing the Standard Operating Procedures (SOPs) for Critical Care ICU Services, following the directions of the Hon'ble Supreme Court. The high-level consultation, chaired by **Dr. Christina Z. Chongthu IAS**, Principal Secretary (Health), brought together leading critical care specialists from AIG, Apollo and Yashoda Hospitals, senior government doctors, representatives from IMA, Consumer Forums, DME, and the Director of Public Health. His recommendations on strengthening critical care services were well received and appreciated by the panel.

EVENTS

CONTINUOS MEDICAL EDUCATION



HHF has launched its **Continuing Medical Education (CME) Programme** for doctors. As Hyderabad's largest non-government primary healthcare network, with **20 Community Health Centres** and **50+ doctors**, this initiative will keep our medical team updated with the latest medical advancements, further strengthening the quality of care for underserved communities.

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PUBLIC HEALTH SERVICES

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FREE COMMUNITY HEALTH CENTERS







- **2.94** Lakh Patients Served
- **20** Community Health Centres
- **150+** Urban and Semi Urban Slums Covered
- Specialised Diagnostics & Minor OT Services
- Accessible & Affordable Care for Underserved Communities

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IMPACT OF COMMUNITY HEALTH SERVICES

OUTPATIENTS
1,49,263 Patients
₹11.94 Cr Saved

GENERAL MEDICINE
1,14,749 Patients
₹34.42 Cr Saved

NON-COMMUNICABLE DISEASES
581 Patients
₹87.15 Lakhs Saved

OPHTHALMOLOGY
5,723 Patients
₹2.29 Cr Saved

DENTAL CARE
6,414 Patients
₹2.26 Cr Saved

MINOR SURGERIES
3,957 Procedures
₹7.91 Cr Saved

INPATIENT CARE
281 Patients
₹1.69 Cr Saved

CATARACT SURGERIES
93 Surgeries
₹32.55 Lakhs Saved

OBSTETRICS & GYNAECOLOGY
8,341 Patients
₹6.67 Cr Saved

LACTATION MANAGEMENT
71 Mothers Supported
₹1.07 Lakhs Saved

REFERRALS TO TERTIARY HOSPITALS
1,434 Referrals
– Not Applicable

PHYSIOTHERAPY (SESSIONS)
930 Sessions
₹13.95 Lakhs Saved

DEMENTIA (SCREENED)
– Screening Services
– Not Applicable

X-RAY'S
– Not Applicable
₹16.38 Lakhs Saved

CASUALTY SERVICES
– Not Applicable
– Not Applicable

OVERALL IMPACT

2,94,914 PATIENTS SERVED

₹68.54 CRORES SAVED FOR PATIENTS

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HHF BASTI BP & SUGAR CLINICS (MM PAHADI & CHINTALMET)









- **3,978** Outpatient Visits
- **1,687** Patients with Hypertension & Diabetes
- **1,448** Patients with Hypertension
- **614** Patients with Diabetes
- **46** Patients Hypertension + Diabetes + Coronary Artery Disease
- **23** Patients with Hypothyroidism
- **210** Patients treated for Other Medical Conditions
- **60** Healthy Individuals identified through Screening & Follow-up

Supported By

AMPI AMERICAN MUSLIM PHYSICIANS OF INDIAN ORIGIN

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RURAL PRIMARY HEALTH PROGRAMME – 11 VILLAGES, MAHESHWARAM



- **1,917** Rural Beneficiaries Served
- **1,235** NCD Cases Managed
- **508** Hypertension Cases
- **227** Diabetes Cases
- **319** Hypertension + Diabetes Cases
- Free Screening, Treatment & Follow-up

Supported By

wipro cares

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RURAL PRIMARY HEALTH PROGRAMME – 7 VILLAGES, SHAMIRPET



- **1,102** Rural Beneficiaries Served
- **540** NCD Cases Managed
- **892** Household Surveys Conducted
- **261** Additional NCD Cases Identified
- Early Detection, Referral & Follow-up

Supported By

Syngene CSR

Enabled by ***Biocon Foundation***

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HHF-SEED FREE DIALYSIS CENTER







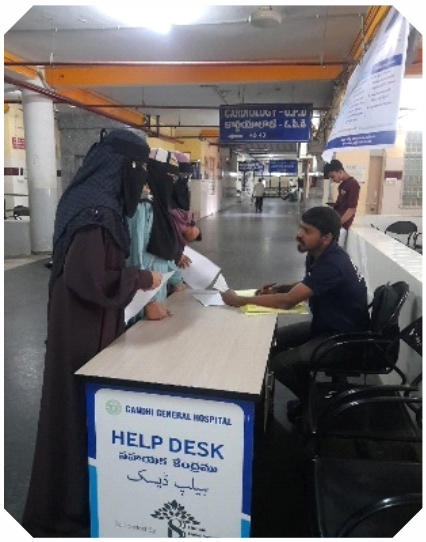



- **1,377** Free Dialysis Sessions
- **40** Patients on Regular Dialysis Care
- **₹41.31** Lakhs Out-of-Pocket Expenses Saved
- Safe & High-Quality Dialysis Care

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PATIENT SUPPORT SERVICES AT GOVT. HOSPITALS







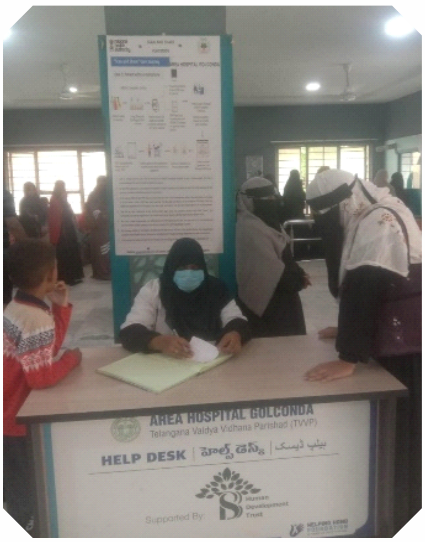












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HHF HELP DESK NAVIGATION SUPPORT APRIL - JUNE 2026

Hospital Name	OP Services ABHA Reg.	Navigational Support	Wheelchair/ Stretcher Assistance	No. of In-Patients Assisted	No. of Referrel Cases	No. of Surgeries	Total Beneficiaries
Osmania General Hospital	0	25,920	19,755	1350	106	116	47,247
Gandhi General Hospital	6640	24,725	891	253	219	4	32,732
Nizam Institute of Medical Sciences	0	11,228	0	43	229	18	11,518
Mehdi Nawaz Jung Institute of Oncology & Regional Cancer Centre	0	14,119	0	307	159	10	14,595
Niloufer Hospital (Women & Children	0	32,060	0	65	122	21	32,268
District Hospital Hyderabad (King Koti)	3300	14,150	0	43	223	20	17,736
Govt. ENT Hospital, Koti	18815	21,926	0	0	129	2	40,872
Modern Govt. Maternity Hospital	0	13,400	0	106	1,806	54	15,366
Govt. General & Chest Hospital	0	9,031	0	27	145	0	9,230
Govt. Maternity Hospital, Sultan Bazar	6648	11,133	0	74	113	8	17,976
Sarojini Devi Eye Hospital	5971	7,650	0	10	68	10	13,709
Mamidipudi Nagarjuna Area Hospital Malakpet	0	6,089	0	12	121	6	6,228
Community Health Center, Barkas	5911	10,302	0	216	184	21	16,634
Area Hospital, Golconda	0	9,561	6	14	36	0	9,617
Govt. General Hospital, Khammam	6276	60,805	7,202	119	23	77	74,502
Mother & Child Block, Khammam	21122	4,018	211	69	0	30	25,450
Mahatma Gandhi Memorial Hospital, Warangal	9421	1,12,708	5,024	117	6	52	1,27,328
Institute of Mental Hospital	0	4,277	0	228	1	0	4,506
Govt. General Hospital, Nizamabad	0	2,891	0	213	135	222	3,461
Govt. General Hospital, Mahabubnagar	0	4,502	0	301	0	156	4,959
Govt. General Hospital, Nalgonda	0	2,772	0	1,023	14	50	3,859
Raji Gandhi Institue of Medical Sciences, Adilabad	0	0	0	0	0	0	0
Grand Total	**4,03,267**	**4,03,267**	**33,089**	**4,590**	**3,839**	**877**	**5,29,766**

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IMPACT OF HELPDESK SERVICES AT GOVT. HOSPITALS

KEY SERVICES DELIVERED

NAVIGATION SUPPORT
4,03,267
(76.1%)
Helping patients navigate hospital services

OP SERVICES & ABHA REGISTRATIONS
84,104
(15.9%)
OP services and ABHA registrations facilitated

WHEELCHAIR & STRETCHER ASSISTANCE
33,089
(6.2%)
Mobility support for patients and attendants

IN-PATIENTS ASSISTED
4,590
(0.9%)
In-patients counselled and assisted

REFERRAL CASES
3,839
(0.7%)
Patients referred to higher care facilities

SURGERIES FACILITATED
877
(0.2%)
Surgeries supported through helpdesk facilitation

OVERALL IMPACT

5,29,766
TOTAL BENEFICIARIES
Served across 22 Government Hospital Helpdesks

22
GOVERNMENT HOSPITAL HELP DESKS
Across Telangana

3,839
REFERRAL CASES

877
SURGERIES FACILITATED

Advanced Care Facilitated

All services provided free of cost to the patients and their families.

Compassion in Service
Care with Commitment

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HELPDESK EXPANSION IN DISTRICTS GOVT. HOSPITALS



WARANGAL



MAHBUBNAGAR



NALGONDA



NIZAMABAD



KHAMMAM



MENTAL HOSPITAL

Funded By

Human Development Trust

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BED SIDE CARE FOR UNKNOWN PATIENTS AT GOVT. HOSPITALS

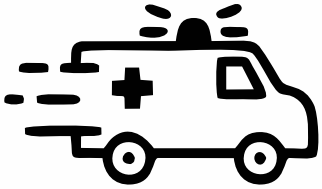









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ZERO-COST TREATMENT FACILITATED AT GOVT. HOSPITALS

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ZERO-COST TREATMENT FACILITATED THROUGH THE HHF HELPDESK AT GOVERNMENT HOSPITALS



Mr. Syed Zuhair Ali (27/M) was diagnosed with Chronic Kidney Disease and required a kidney transplant. With the support of the Helping Hand Foundation, he underwent a successful kidney transplant at Osmania General Hospital. He was discharged in stable condition.

Saved Out-of-Pocket Expenditure: **₹10 lakh** (approx.)



Mr. G. Laxman (43/M) was diagnosed with Carcinoma Tongue and was referred from Government General Hospital, Khammam, to MNJ Cancer Hospital for specialized treatment. With the guidance and support, he successfully underwent surgery and received chemotherapy free of cost.

Saved Out-of-Pocket Expenditure: **₹4 lakh** (approx.)



Mr. Omkar Singh (22/M) suffered from acid ingestion and required a jejunostomy procedure. With the support of HHF, he underwent the required surgery at Osmania General Hospital. HHF also provided medicine and financial assistance. He was discharged in stable condition.

Saved Out-of-Pocket Expenditure: **₹2 lakh** (approx.)

And Many More...

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ZERO-COST TREATMENT FACILITATED THROUGH THE HHF HELPDESK AT GOVERNMENT HOSPITALS



Ms. Maimuna (10/F) was diagnosed with Adenoid Hypertrophy, causing throat-related symptoms. She was admitted to Government ENT Hospital and successfully underwent adenoid surgery with the assistance of the Helping Hand Foundation. She was discharged in stable condition.

Saved Out-of-Pocket Expenditure: **₹50,000** (approx.)



Mr. Syed Ahmed Ali (60/M) was diagnosed with Defective Vision in the Left Eye (DOV) and was referred to Sarojini Devi Eye Hospital (SDEH) for treatment. With support of the Helping Hand Foundation, he underwent successful eye surgery. His condition is stable.

Saved Out-of-Pocket Expenditure: **₹25,000** (approx.)



Mr. K. Shiva Kumar (46/M), a resident of Karimnagar, presented with a dislocated Right Total Knee Replacement (TKR), which had been performed three years earlier. With the assistance of the Helping Hand Foundation at MGM Hospital, Warangal, he underwent surgery.

Saved Out-of-Pocket Expenditure: **₹1.5 lakh** (approx.)

And Many More...

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#6-9-14/3/6/200/A, Opp Pillar No. 270, PVNR Expressway
Adarsh Nagar Colony, Shivrampally,
Rajendrenagar, Telangana - 500 052

Helpline No's	7386494043 | 8790679505 8121601990 | 7893191193
WhatsApp No's	9704764906
Rehabilitation Center	7702005827
Old Age Home	8688827566
Dialysis Center	9281016360
Diagnostics & Labs	7093961546
Dementia Clinics	9281066944
Primary School	6303650307
Ambulance	8977898706
Help Desk (Govt. Hospitals)	7780288622 | 8309348682

info@helpinghandf.org

www.helpinghandf.org

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www.helpinghandf.org

- Helping Hand Foundation is a registered Trust with Registration No. 236/2007.
- Permanent Account Number (PAN) AAATH8592E.
- Registered U/S 12AA of the Indian IT Act 1961.
- Donations are exempted U/S 80G (5) (2) (iv) of the Indian IT Act 1961.
- Registered FCRA Organization.
- CSR Registered NGO.

DONATIONS CAN BE MADE AS FOLLOWS:

SCAN TO DONATE

BHIM UPI

UPI ID: helpinghan@icici

For Indian Rupee Transfers

A/c Holders Name:

Helping Hand Foundation

Current A/c: 024505004570

IFSC Code: ICIC0000245

ICICI Bank, Mehdipatnam.

THANK YOU